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THE CANADIAN NURSE

AND HOSPITAL REVIEW

TRAINING SCHOOL FOR NURSES TORONTO GENERAL HOSPITAL

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CANADIAN NURSE

A Monthly Journal for the Nursing Profession in Canada

Editor and Business Manager.....**MISS HELEN RANDAL, R.N.**

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Opportunities of the School Nurse.

By M. E. MORRISON, A.R.R.C., R.N.

"Yet I doubt not through the ages,
One unceasing purpose runs,
That the thoughts of men are widened
With the process of the sun."

—Tennyson.

Help us to be broad. Give us vision as we glance at the world and wonder what is the best and most uniform service, enjoyed by all the people. Instantly we think of the postal service and means of communication—a great international service, doing equal service for rich and poor. It is within the means and reach of all who have even a slight education. In order that the people may enjoy communicating with others, they should be educated. Therefore education becomes a great national responsibility. Victor Hugo tells us to "teach the ignorant all we can; society is guilty where instruction is not free." All nations have some form of education, but not until an ideal method is arrived at can all be reached.

The function of education has been described as the preparation

for complete living. Then surely the right of the young is education. But "knowledge without health cannot profit us" (Dr. Terman). How can standards of health be maintained? One way is to have medical inspection of pupils and schools. Medical supervision of schools will become the most effective and convenient instrument for the attainment of national vitality. If the children are the nation's best asset, then time and money expended on the cure and prevention of disease is well spent.

Boards of health, boards of education and municipalities have all introduced medical inspection into schools; but it is not yet a national institution. We have national inspection for the conservation of our forests; national inspection for the conservation of our fish; national inspection for the conservation of our cattle. Are not our children more than these?

The first great opportunity for the school nurse is to do everything in her power to make school nursing a united national service.

Each community that has a system of school nursing is, indeed, fortunate, even if the history of the work is unknown—how, in France, in 1837, a Royal ordinance charged the school authorities with the duties of supervising the health of the school children and attending to the sanitary condition of the school-houses. Brussels, in 1874, appointed regular school physicians, and gained for herself the honor of being the first city to establish a system of school inspection in the modern sense of the term.

Miss Amy Hughes, a Queen's nurse, started the first school nursing in London, England, 1892. Boston, Mass., followed in 1894. In 1902 Miss Wald offered four nurses to the New York public schools. They were accepted; Miss Lena Rogers, now Mrs. Struthers, a Canadian nurse, doing pioneer work. From these small beginnings the work has grown until now almost all cities and some rural districts have a system of school nursing.

What does the school nurse do? She assists in the prevention of contagious diseases by having cases isolated, and seeing that they receive treatment. Here she may need the assistance of the board of health, health officer, school doctor. She must know health and housing laws; also how to co-operate with all organizations in the community for relief work.

She is responsible for the education of school children, and sometimes of their parents, in the principles of personal and public hygiene.

School play grounds, inside gymnasium, open-air rooms, open window room, school building, heating, lighting, ventilation, sanitation, public playgrounds, boy scouts, girl guides, children's library, parent-teachers' association, talks on public health—all of these interest the school nurse as helping to promote a healthy community.

Records kept by the school nurse may become of vital importance when statistics are wanted of the health of the school children. These are some of the opportunities the school nurse has of serving her community.

The school child needs help and instruction. Therefore, the school nurse must have a love and understanding of children. Sometimes a talk is necessary on the value of cleanliness, or self-help, or the use of the toothbrush, or proper nourishment, or proper clothing, or the correction of physical defects, cavities in the teeth, enlarged tonsils and adenoids, imperfect vision, running ears or nose. She must co-operate with the school physician to obtain diagnosis, then explain to the parents the notices sent them, and persuade them to take the child to the family physician or to the free clinic for treatment.

School lunch for the undernourished child is of utmost importance. A few words of persuasion will often induce the child to take a much-needed glass of milk with his sandwich and fruit. The individual drinking cup and paper towel are two good health assets in schools.

Play is essential to the health and happiness of the school child. The playground should be well kept, and games provided; school gymnasium, with instructor, for stormy days, when it is impossible for the child to play outside. The Boy Scouts is an admirable organization for health and development of the boy. Girl Guides, or other organization, to interest the girl. Camp Fire Girls or the Girls' Scouts organizations are both excellent.

Sleep for the growing child is imperative. In many cases twelve hours are necessary, always in a room with an open window. Careful observation of symptoms of tiredness or languor would soon disclose the fact of too little rest. Then it becomes necessary to give advice to the child and make a home visit to the parents. Often they are pleased to talk over their problems, and the school nurse may be able to find a solution, always remembering that she is forming a link between the home and the school. Thus the school nurse has an opportunity to serve the individual school child.

The Private Duty Nurse as an Educator in the Home

By M. K. FINLAYSON

When this paper was first brought to my notice, I thought the last word had been said on the subject by Mrs. Morrison at previous conventions; but, upon reflection, I realized that it is only by reiteration that even we grown-ups learn the importance of a matter. Moreover, nobody has the last word in these days of upheaval and readjustment.

It is generally conceded that the nurse in the home has always (at least since the days of the Sarah Gamps) been regarded as a shining light. But has she lightened the Gentiles to the limit of her power? Has she deliberately increased her candlepower, realizing the darkness that exists and her brilliant opportunity?

Is it not possible that, like the foolish virgins, she has neglected to replenish her lamp with oil, and is simply "not there" when the call comes? Sometimes it is only a case of a dim glass (lots of knowledge, but it cannot shine through). Let us brighten up, my sisters, and take our fair share in this glorious business of illumination.

The public health nurse, who has burst, full-fledged, like a beautiful butterfly, upon the world's notice, has roused her more prosaic sisters to realize the humdrum in their existence, and moved their souls to similar flights. The whole sisterhood has felt the sap of renewed life stinging and pulsing through it, and there is an urge to branch out, and blossom, and bear more fruit than ever before.

Now this sounds easy and natural, but is really far from it. Perhaps the difficulties in the path of the private duty nurse have not been fairly estimated. It may be that the influence of her days of training is largely accountable for her diffidence. In those days self-assertion was discouraged—in these days it is absolutely indispensable. In those days her tact, discretion, patience and politeness were heavily called upon—now it would almost seem as if she must put some of them aside if the programme of education is to be systematically carried out.

Think, for instance, of the brutality of telling a heart-broken man that his wife would not have died of typhoid if he had only cleaned his well out! Would it be a suitable time to mention to the distracted mother that, if she had only learned the A, B, C of infant feeding, her baby would even now be chuckling and crowing, instead of lying like a limp rag?

Perhaps we shall find a subtle way to do it—a sort of painless surgery, for we know the need is crying, and it is only at such times that some people are vulnerable; but, as all doctors are not capable surgeons, neither are all nurses skilled in this particular branch.

Then there is the "persistently dirty family," brought to our notice by Miss Mary Rodger. Even an ocular demonstration of cleanliness (an urgent necessity when you have to live with them) fails to impress, and is considered a foolish waste of time.

There are those to whom education is a foreign word: they know it all—you can tell them nothing. Have they not had ten children and buried five, and gone through the whole gamut of experience? What does an old maid know about raising a family?

The pity of it! To have learned so little from life, the great teacher. "And He could not do many mighty works because of their unbelief."

Yes, the private nurse has hitherto been more or less content to work with her hands, rather than her tongue; to ponder many things in her heart, and hesitate to express them. Her chief business has rather been to get the patient well, and this has often absorbed her whole time and energy, and the homily she might have read them has either been spelled out by her manner and method (that he who runs may read) or hidden deep in her aching heart. This is difficult owing to the fact that we are scattered units, and simultaneous free time a thing impossible to arrange; but we might answer, like Barrie's Sentimental Tommy, "I'll find a wye," and then cudgel our brains till the bright idea springs forth. And yet it is undeniable that she has missed many golden opportunities of helping her fellows, and spreading the gospel of health.

The newer trend of thought will lead her to open doors of service she had not dreamed it were hers to enter. She will learn to conquer faults of training and disposition by keeping abreast of the times and gaining the larger vision. It is not necessary that she be a walking encyclopaedia, yet it is imperative that she have an insight into the problems of the day, that she keep her knowledge up-to-date, and cultivate that radiant optimism which is a panacea for many ills; its roots are faith, the talk hope, and the fruitage thereof is love.

The saving grace of humor is another valuable ally in this education campaign, for it will often win the day when logic utterly fails.

With so many new fields of endeavor opening before her, the nurse must not forget that she is still the doctor's right hand man; that he is, chiefly, the reason of her being; and that, without her sympathetic aid, he cannot do his best work. The very finest spirit of camaraderie ought therefore to prevail between the two professions. Incidentally, the doctor, if he only would, could materially assist with the enlightening business, if "the lady with the lamp" might draw more freely upon his vast stores of knowledge and experience. There is no question of usurping his place, only a fervent desire to be his most efficient aid-de-camp in their battle against disease and destruction. And let not the sister from overseas deem that the adventurous and heroic spirit need languish with the war. There are still deeds of "derring do" awaiting her, whether it be in Korea, or only in the teeth of an icy blizzard to that pneumonic case. It is a missionary enterprise we are engaged upon; may we be found worthy of our vocation.

Though the key-note of the battle-cry is now "prevention," we must add "reconstruction", to make it a real slogan.

As we can only successfully combat sin (according to a famous divine) "by the expulsive power of a new affection," so must we seek to drive disease from the land by inculcating a love of hygiea. Let us elevate health to such a pinnacle of importance, make her such a figure of grace and beauty, and extoll her benign influence so that all will be constrained to admire and strive after her. Ours is the happy chance

of helping to remould the ideals of the people. So let us speak the word in season, whether in table-talk or the social evening chat, whether it be of the value of the simple life, temperance in all things, even in temper, the principles of eugenics, or haply just the virtues of God's great out-of-doors.

In time public opinion will be educated to the point where it will be considered almost a crime against society to be the careless victim of any preventible disease. Any marring of efficiency will be regarded as an economic and moral loss, to be guarded against as a lapse from the path of righteousness.

To carry conviction, our precepts must be backed by example and our own physique kept at least at par. To do this it may be necessary to train a household attendant in mild cases, for nurses are but human and sleep is a beneficent necessity. So also is a certain amount of recreation, yet the public still need to be reminded of these two facts.

In conclusion, let me plead for a closer co-operation of all private duty nurses. There are problems we might help to solve if we could but get together and put our shoulders to the wheel. A charge has been made against us that we are inarticulate as a class. That we have failed to contribute our quota in this forward movement among nurses. If "deeds, not words," has been our motto, let us clearly demonstrate that we are in this fight to a man.

Let us realize, as Kipling says, that

"It ain't the armaments, nor guns, nor funds that they can pay,
But close co-operation that makes them win the day;
It ain't the individual nor the army as a whole,
But the everlastin' team work of every bloomin' soul."

Child Welfare Work

By Miss Armstrong

The child welfare work was organized by the Health Department in the foreign section of the city of Regina in 1913. One nurse was appointed to carry on the work. At that time there were so many sick babies and adults requiring attention that her time was chiefly taken up in caring for the sick.

However, six child welfare clinics were held in the basement of a school in the East End. A special pamphlet on "How to Take Care of the Babies During the Hot Weather" was issued and distributed.

Although the work was started in June, 1913, it was not until July of the following year that a central office was opened, where the mothers could attend daily, from 10 to 12, for advice and have their babies

weighed. A weekly baby clinic was held under the direction of the medical health officer.

For the first two and a-half years the office was used for the distribution of milk from tuberculin-tested cows. Although the milk station was on the outskirts of the foreign district, there was quite a large attendance from other sections of the city. Circulars of instruction on the care of the baby were distributed. Medical supplies were given to the families where they were unable to pay for them, and, through the co-operation of the Bureau of Public Welfare, we were able to supply the necessary milk for the expectant mother as well as the mother and baby.

Mothers are taught, both at the station and in their homes, the modification of milk for the use of each infant. The mother, having once learned to modify the milk for her baby, need not necessarily be dependent on the milk station, should she move.

The work in pre-natal care was started in January, 1915, that the mortality coming under the head of congenital debility might be reduced. The social and economic conditions make this problem a difficult one to deal with. In June, 1916, an assistant nurse was engaged for three months, and another section of the city covered. Active educational work has been undertaken through the distribution of literature on child hygiene in English, German, Russian and Roumanian. Each visit of the nurse to the home is also educative, the mothers being instructed in the care of the child, feeding, etc.

In former years the babies were discharged at the age of one year. Owing to the prevalence of dysentery in children over one year of age, in January, 1917, the age of supervision was raised to three years. This increased the work to such an extent that it was necessary to engage another nurse permanently.

Our first and only baby contest took place in May, 1917. The Local Council of Women made the arrangements, and the contest was held in the Council Chambers of the City Hall. It lasted four afternoons. Seventy babies were examined by physicians, who kindly gave their services free. In the auditorium of the City Hall addresses were given by physicians on the care of the baby, and also pre-natal and obstetrical care of the mother. The Little Mothers' League, under the supervision of Miss Cooper, school nurse, gave a demonstration on the bathing and general care of the baby and the modification and sterilization of raw milk.

In July, 1917, it was thought advisable to hold well baby clinics weekly in the different districts. Two new clinics were organized: one on the North side, in the schoolroom of the Anglican Church, and the other on the East side, in the Roumanian Hall. Both clinics were very well attended.

In May, 1918, two special clinics were held at the welfare station. The weather was very stormy and cold, so only fifty mothers with their babies ventured out. The babies were given a thorough examination, and only seventeen were found without defects of any kind.

In July we commenced the usual weekly clinics, and continued them during August and September. At these clinics the nurse receives the mothers and babies in the weighing-room. The baby's name, address and age is recorded on a chart specially printed for that purpose. Each chart is duplicated, the mother receiving one and the other filed for the mother's next visit. The mothers undress the babies; they are weighed, naked, and the weight recorded on the chart. The baby is now ready for the doctor. The mother and baby are taken to the examining room and the chart handed to the doctor. If it is her first visit, the mother sits with the baby on her lap while the doctor asks a few questions regarding the feeding, sleep, etc. When he has all the information he thinks necessary, he requests the mother to lay the baby down on the examining table provided for that purpose. He then proceeds to give the baby a thorough examination. He advises the mother on the general care of herself and baby. If he finds any defects that require medical attention, he recommends the mother to consult her own physician. He writes down all his findings on the chart, so that the mother will have it for reference.

Up to and including 1918, we have had a change of doctors every month. We tried very hard to persuade the doctors to stay with the clinics for the summer months, but they did not want to be tied down.

As the attendance was so good at the North and East clinics in August, 1919, we added another clinic, which was held in the fire hall on the West side. We had an attendance of 80 for the two months.

This department is very grateful to all the doctors who have given their services free, and thus made it possible for the Well Baby Clinic to be held. We have been very fortunate in having the same three doctors take the clinic for the last two years. When the mothers know they will see the same doctor from week to week, they feel that he takes an interest in the child, and they attend more regularly.

During the hot summer months we have many requests from the physicians for the services of the nurses.

Unfortunately, we always have a number of cases of diarrhoea; but this year we have not had so many cases, and it has not been of so severe a type.

We have given a large number of bowel irrigations.

We have also used the protein milk powder very extensively this summer, with the best of results.

During the months of July, August and September a third nurse

was added to the staff.

On account of having to vacate our office at the end of February, we have had to carry on our work from the City Hall. The department is in urgent need of a properly equipped building for the work of the Child Hygiene Division, and we are counting on provision being made to take care of this need early next year. In this building the public health nurses would have their headquarters, clinics on infant feeding would be conducted, and milk modifications prepared as prescribed by the physicians. Here, also, special milk for babies would be handled for the convenience of a great many mothers who now find it most difficult to obtain a supply of milk for their babies. This building would be the centre for child welfare work, and its erection would make a great step forward in increasing the efficiency of this work for the conservation of child life in Regina. We are confidently looking forward to the provision of such a building early in 1921.

Saskatchewan Nurses in Convention.

The fourth annual convention of the Saskatchewan Registered Nurses' Association was held in Moose Jaw on March 31st and April 1st, the meetings being held in the lecture-room of the public library, with over seventy-five nurses in attendance.

The formal opening on Thursday evening, in charge of the local Graduate Nurses' Association, was presided over by their president, Mrs. Ironside. The address of welcome was given by His Worship the Mayor, Dr. R. H. Smith, which was replied to by Miss Jean Urquhart. In the heartiness of the welcome extended to the visiting nurses, Moose Jaw surpassed even itself on a previous like occasion. The arrangements committee, under the able convenership of Mrs. G. P. Bawden, had so planned everything for the conduct of the meetings, as well as for the pleasure of the members, that the two days were most profitably as well as pleasantly spent. As guests of the Kiwanis Club at luncheon, the nurses were welcomed by Dr. V. E. Black, and later a drive around the city, given by the Medical Association, followed by a high tea, as the guests of the Moose Jaw Graduate Nurses' Association, all made the visiting nurses feel very welcome. As a most happy closing to the convention, a delightful hour was spent viewing the art collection at the home of Mr. William Grayson, K.C.

All the time was not, however, given up to pleasure, though in listening to the excellent papers presented, business also became a pleasure. The programme having been prepared by the conveners of the public health, private duty nurse, and nursing education committees,

items of special interest to each section appeared during the session.

Mrs. M. M. Massey, of Regina, gave a most interesting paper on "Food Values," with a demonstration of standard portions of the common articles of diet, classified according to their function, showing also how a well-balanced diet could be most economically obtained. Dr. J. W. Turnbull, of Regina, gave a most able address on "Infant Feeding," emphasizing the importance of maternal nursing and the influence of the nurse in promoting this. He also spoke of the advantages of properly modified cow's milk over the artificially prepared foods. Dr. J. C. Beatty, of Regina, gave an address on the subject of "Immunity." This, along with a paper by Miss Mary Martin, of the King George Hospital, Winnipeg, on "Modern Methods in the Nursing of Communicable Diseases," were most thoroughly appreciated.

The work of the various agencies in the province engaged in the relief of suffering were most thoroughly covered in the papers by a number of nurses and others engaged in such work. Miss Kate Long, of the Public Health Department, gave a most interesting account of the work done for the trachoma cases of the province; Miss Isabel Stewart, of the Saskatchewan Red Cross, gave an interesting account of the different phases of public health work under the Red Cross, with special reference to the work of the nurse in the outposts; Miss Gertrude Haines, matron of the Lampman Hospital, gave an excellent account of the Saskatchewan nursing housekeeper in training, and of the place later to be filled by her in our prairie province. The work of the Anti-Tuberculosis League was presented by the president, Sheriff Cook, who referred to the progress made since the opening of the sanitarium at Fort Qu'Appelle a few years ago, with sixty beds, until the present day, when this splendid institution has three hundred beds, where the most modern and approved methods are followed for the care of incipient tuberculosis. Already plans are under way for the necessary increase in accommodation to care for the large number of incipient cases awaiting such care. Commissioner Kerr, of the Saskatchewan Red Cross, described most lucidly the different activities of the Red Cross, with special stress upon the hearty co-operation existing between the Red Cross and the Saskatchewan Registered Nurses' Association, whereby the Red Cross had been able to assist the Nurses' Association in the organization of the one-year training for nursing housekeepers, aiding both in securing the legislation and later financially. The Red Cross is also assisting in the securing of applicants with a good preliminary education for our Saskatchewan nursing schools by the awarding to students selected from each collegiate in the province of one hundred dollar scholarships. The commissioner also urged the enrolment in the emergency nursing service of every nurse who was free to respond to calls for such emergency service. The hearty support of the nurses in the membership campaign, whereby it

was hoped to enrol in the senior and junior branches every man, woman and child in Saskatchewan, is also being counted upon.

The hearty reception and adoption of the report of the Nursing Education Committee marks, it is earnestly believed, a long step forward in the elevation of nursing education in the province. The report, which was ably presented by Sister Raphael, of Providence Hospital, Moose Jaw, was fully discussed, the only dissenting voice being a telegram from an absent member counselling against hasty action, and expressing the opinion that such a curriculum could not yet be followed in the Saskatchewan schools. All present, though recognizing the difficulties, felt that they were not insurmountable, and the report was unanimously adopted. This report will be presented to the Senate of the University of Saskatchewan, asking that only schools which maintained a standard equivalent to that set forth shall be termed "approved training schools," and that only such training shall lead to registration in the province of Saskatchewan.

Among the resolutions presented by the Resolutions Committee, and approved by the association, were the following: One making a number of slight alterations in the accepted schedule of fees; another, presented by the Private Duty Nurse Committee, expressive of surprise that the valuable pages of the *Canadian Nurse* should be taken up by the publication of such a letter as appeared in the March number, signed "Private Nurse," and, further, that the sentiments expressed were not in any way in accordance with the feelings of the private duty nurses of Saskatchewan, and urging that our national journal be used only for the publication of such articles as will tend to promote unity and to raise the standard of our professional ideals. Another resolution was passed heartily endorsing the peace-time policy of the Canadian Red Cross in its endeavors for the prevention of disease, the betterment of the health and general welfare of the people, and promising the hearty support of the nursing association, believing the Red Cross to be the only organization so well prepared to undertake such responsibilities. The resolution drafted to be presented to the Senate of the University of Saskatchewan, asking its favorable consideration and acceptance of the suggested minimum standard curriculum, also asked that the university should set a time within which such curriculum should become effective.

Among other resolutions submitted was one from the Saskatchewan Committee of the National Memorial Committee. This committee submitted a resolution approving of the Canadian National Association of Trained Nurses undertaking to provide a fitting memorial to our Canadian nurses who gave their lives in the Great War, and suggesting that it should take the form of the awarding of a scholarship or scholarships to graduate nurses of each province through the Provincial Nurses' Associations, recommending that the scholarships given should

be sufficient to cover the entire expenses of the academic year in any Canadian university selected by the nurse chosen, also that the scholarship should not be limited to nurses trained in Canadian schools. It was suggested that a sufficient sum of money should be collected, that the interest would carry on the scholarships indefinitely, and that each provincial association be required to raise a definite amount in proportion to its membership.

The officers elected for the coming year were: President, Miss Jean Browne, Regina; vice-president, Miss Mary Montgomery, Fort Qu'Appelle. Councillors: Miss Ruby Simpson, Saskatoon; Sister Raphael, Moose Jaw, and Miss Cora Kier, Moose Jaw.

The delegates elected to represent the association at the meetings of the Canadian National Nurses' Associations to be held in Quebec were the retiring president, Miss Jean Urquhart, and the secretary, Miss Mabel F. Gray. The president, Miss Jean Brown, also hopes to be in Quebec, returning from the year spent in King's College for Women, University of London, as the Canadian to whom had been awarded the nursing scholarship founded by the League of Red Cross Societies.

The meeting adjourned, to meet in Regina next October on the days preceding, or following, the dates to be set for the meeting of the Saskatchewan Hospital Association.

Chinese Trained Nurses

By Mrs. Jeanette C. Ratcliffe

The results are just out for the Nurses' Association of China examinations. Six nurses from Tsinan, who had already received the diploma of the training school of the Shantung Christian University Hospital, wrote on this examination. Five were successful, with an average of 78 per cent. The sixth obtained a high average, but was short four marks on her medical nursing paper. These successful nurses are now members of the Nurses' Association of China, which already enrolled forty-eight Chinese names.

The fear has been expressed that Chinese trained nurses, having graduated, may have difficulty in finding work to do. Our experience at Tsinan has been just the reverse. One nurse is indeed idle, because tuberculosis claimed him at the very end of his training, but did not prevent him from standing first at the examination, as he had stood in his records during his three years' work. One is to remain in Tsinan for special X-ray work; one is night supervisor in a hospital on the Yangtse; one has charge of diets in an Anglican hospital, and, it is said, ensures their proper value to the patient by keeping peace throughout the wards, troublesome women and frightened children being gladly

delivered to her tactful care. One is doing most acceptable private nursing, and one is making more than good in a woman's hospital. Already applications are in, which the class graduating at Christmas will answer.—*Honan Messenger.*

Red Cross Society.

MISS FITZGERALD'S REPORT

(From Fourth Session of the Medical Section, held Thursday, March 4th, 1920, at 2.30 p.m., at the Hall of the Athenee)

"The Department of Nursing of the League of Red Cross Societies has been organized to develop, co-ordinate and direct, through each national Red Cross, the nursing service of each country. The problems in public welfare to be met in all the countries to-day are very similar in character and may be briefly classified under the following headings: Tuberculosis, Infant Mortality, Lack of Supervision of School Children, and very general Ignorance of Home Hygiene and Personal Hygiene. These conditions may vary according to each country and even according to each different locality, but the results are very much the same everywhere.

"Ill health is a great expense to the individual and to the State. To the individual it means loss of pay through inability to work, a gradual descent in the social ladder, and, finally, in many cases, a breaking up of the home. When one thinks that, after all, the foundation of the State is the home as a unit, this gradual breaking up is a tragedy for the welfare of that particular State. To the State ill health means a decrease in man-power, a loss in the output of industrial and commercial activities, an increase in epidemics with its additional expense to the State, and, finally, a lowered social status of the community, which results in poor citizenship.

"It is the duty of all thinking persons to recognize such a state of affairs, and to make an effort to find the best and quickest solution of these problems.

"At the Cannes Conference the subject of the betterment of the health and general welfare of the people of all countries was gone into very thoroughly, and thirteen important resolutions were drawn up and adopted. Out of these thirteen resolutions, eight are intimately connected with nursing and cannot be carried out without the help of nurses trained for public health work. For this reason we are planning to provide training for nurses from all countries at some central point in Europe, where we can find the proper schools for the theoretical train-

ing and the proper fields for practical training. If it is possible to arrange for this training, the students will be gathered for one year in one of the largest centres in Europe and will receive instruction through lectures and classes in the following subjects:

"Child welfare, including pre-natal care; tuberculosis nursing, including care and prevention; general medical nursing, including contagion, epidemics and prophylaxis, and other subjects such as sociology, psychology, domestic science, dietetics, sanitation, housing, hygiene, and the study of city, State and private organizations of all kinds.

"The practical work would be obtained by affiliation with organized dispensaries, visiting nurse associations, school nursing associations, settlement houses, industrial nursing activities, milk stations, and, where possible, country and rural nursing organizations. In addition to this course in public health nursing, the students would be taught home nursing and first aid to the sick.

"Upon completion of this training, which would cover an academic year, the nurses would be ready to return to their countries and take up the organization of visiting nursing, school nursing, industrial nursing, child welfare nursing and other branches which are included in public health work, and such organization would naturally include the training of other women and the choice of promising students for future training.

"In order to establish some sort of connection and understanding with the nursing service of the different countries, a questionnaire was made up and sent to the secretary of each national Red Cross, with the request that it be filled out and returned to the Department of Nursing. In an introductory letter, which accompanied the questionnaire, an urgent request was made that the information which the Red Cross did not possess should be obtained wherever possible by applying to other State or private organizations. It was hoped in this way to secure some valuable general information which would allow us to make a careful comparative study of the different countries, from which could be drawn conclusions of great value in making out suitable programmes for each country.

"This method, however, has been a failure. Some of the better developed countries have answered very fully, but the very countries from which we most particularly desired information have not been able to assist us. From this failure we must draw the conclusion that very little progress can be made through corespondence in our effort to establish a connection with the distant countries to which we hope to be of assistance.

"Owing to this lack of success, it seems more urgently desirable than ever that students be gathered together for training. These can return to their own countries, carrying with them our methods and

standards, and able to develop the understanding and to establish the connection which we failed to do by correspondence.

"In order to present the subject of public health nursing in a popular language which should appeal to all whom it is intended to help, two leaflets have been prepared by this bureau, and it is hoped that they will raise questions for discussion during this meeting and that the delegates will be willing to carry away a number of them for distribution by their own national Red Cross.

"These pamphlets will be of some assistance in the work of propaganda for which the delegates must take the full responsibility, and in which we can only assist them through circulars, posters and general instructions, in order to carry out our scheme for public welfare improvement.

"The League hopes to make itself responsible for the training of your country-women, but it will be your responsibility to so develop your Red Cross that these women may return home to find a definite place awaiting them. You must prepare opportunities for the work which is planned by means of lectures, of educational films, of frequent articles in daily newspapers; also by enlisting, on your side, school teachers, college professors, and the clergy, through whom you will reach a large number of people.

"The next step will be to organize a committee, whose duty it will be to form the organization which will be directly responsible for the work of the nurse. The Department of Administration of the League, to whom you will turn for assistance on the subject of organization, will help you to prepare the proper field of action for the women whom we will train to work in that previously prepared field.

"It is also our intention to collect all literature which may be helpful, and distribute it according to subjects. We will also translate into the different languages text-books in public health nursing which have proved useful to field workers, and which will be necessary to each different country when the work has been established.

"The above programme is not too ambitious, and the history of public health nursing, wherever found, has been one of early struggle and of final success. Wherever the work has been established, it has been difficult for the supply of well trained nurses to keep up with the demand, and I am optimistic enough to believe that we will see in each and every one of the countries belonging to the League a repetition of the success which public welfare nursing has had in France, Italy, England and America."

Editorial

Correction.—The article "Nursing Ethics," which appeared in the April issue attributed to Miss Florence Potts, brought a letter from Miss Potts asking that the credit of the article be given to Miss Kinder, Assistant Superintendent of the Sick Children's Hospital. The paper came with other material from the C.A.N.E. meeting with Miss Potts' name attached, and the Editor regrets the mistake and gladly makes the correction, giving the right author credit for the excellent article.

Letters to The Editor

DEAR EDITOR:

There is much discussion and diversity of opinion among the different alumnae as to what particular form the proposed memorial to the nurses who gave up their lives in the recent war should take.

Some of the alumnae suggest a statue (best design for such to be chosen), placed in Ottawa. Others suggest an educational memorial; that is, providing a fund for scholarship endowment, to enable those financially unable to take post-graduate work to do so. Yet another proposal is that of rest homes for nurses. All of which suggestions are admirable in their way; but it seems that the choice should fall on that idea which would be of most value to the nursing profession in particular and the world in general.

The statue, no doubt, would be a work of art, and viewed with mingled emotions and memories by all who saw it; but there its use or benefit to the world would cease.

To-day, with the world crying out for the woman of consecrated hand, brain and heart to save the childhood of the nations, with the lamentable shortage of those willing and capable of doing such work, one wonders if so much time and money would be well spent on an inanimate thing of stone and marble.

Many of our nurses, owing to a lack of financial means, are unable to go farther in their chosen profession than the result of their three years' training will take them, and who, if able to take post-graduate work, would be of immense value in social service and child welfare work, as well as in other branches of nursing.

It seems as if were there formed an endowment fund for educational purposes, some scheme of choosing those each year to benefit by it could be worked out, by which the undeserving would be excluded, or those not needing such aid.

Through the work and efforts of these better trained nurses, those for whom our nurses in the Great Beyond laid down their lives will surely reap the benefit, and especially future generations, much more than by a mere monument which can only be gazed on.

X. Y. Z.

DEAR EDITOR:

I am writing this for publication in the *Canadian Nurse* (May number) to personally voice my disapproval of the publication in the *Canadian Nurse* of anonymous articles, or letters of such nature, that do not allow of open, honest, professional expression. There is, in one instance, an apparent disregard of the "legal" involvement, which may confront the owners of the journal, as well as the writer herself, especially since such article contains venomous criticism, and mentions the name of the one attacked. Aside from the "legal" aspect of the case, there are the "ethical" and "professional" principles involved.

As an individual member of our organized profession, I hereby call attention of the Canadian National Association of Trained Nurses, owners of the *Canadian Nurse*, to exercise due action through its "executive" in regard to the article appearing in the March number, and written over the signature of "Private Nurse." By due action, I mean, more specifically: Demand of the writer an open apology, printed in the *Canadian Nurse* over the writer's own signature.

Even though there had been no mention made of Miss Johns personally, there is the other unprofessional reference made to officers of the training schools, which, taken in its best light, does not reflect credit on the writer; in fact, rather leads one to believe that she may not have had the opportunity to complete a course of training; hence the signature, "Private Nurse," which does not mean "Graduate Nurse."

I believe the "editor" is the responsible manager of the journal, and, therefore, should consider it to be her official right to withhold articles of an unsavory nature until she has obtained special directions from the executive of the G.N.A.T.N.

Of Miss Johns, I believe that I voice the sentiment of the majority when I say that no woman in the nursing profession is worthy of greater esteem and admiration.

Trusting that you will give space to this, as requested,

I am, yours very truly,

MARY A. CATTON.

MADAM EDITOR:

I thank you for publishing in the April number of the *Canadian Nurse* my letter with regard to an article in the March number appearing over the signature, Private Nurse. I regret that the editor's note upon the same occasions the further necessity of my asking for space, which I hope will be given to this and the following:

In your note, the editor defends "Private Nurse" in her choice of a nom de plume, while at the same time she weakens her defence by holding out the assurance that the offence was not committed by one within the limits of our own Province, by so doing tacitly admitting our right to know more of the writer of that article.

And why this discrimination in favor of B. C.? Is another province less unwilling to bear the responsibility of the writing, or is it that another province is more willing than B. C. to be made the goat? Why that fragment of information? while the editor claims that concealment of identity is in the interests of the rights of others, though it is known that reckless freedom of speech carrying concealment of identity is hardly compatible with the rights of others, and it is for this very reason that the editor, of necessity, holds the name of the writer of any such article published by her.

I may take it that this discrimination in favor of B. C. is a sop of assurance given to waylay any action intended by nurses in a body or possibly to the board of the Vancouver General Hospital, and since I had already been led to believe that "Private Nurse" was from among us, I now conclude that, rather, the dictator or instigator of that article is the one we have with us. As many others are doing, I am asking why. Why, indeed, leave under suspicion thousands of nurses throughout Canada? unless there is something about the whole thing which will not bear the light of day! Obviously, someone has an axe to grind, and many are open to the accusation of being the one, as is, even the editor herself, former lady superintendent of the Vancouver General Hospital.

The atmosphere of secrecy and unfairness is distinctly one of uncertainty for us all since we are given to understand that any article, however unworthy, may appear in the *Canadian Nurse* over a designation common to thousands entirely innocent of its misuse, passing censor with no further comment by the editor than that of an attempt at defence. The insecurity of it is decidedly unpleasant since the proffered opportunity to hurl oneself at any antagonist, right or wrong, without fear of detection or any other consequences, must naturally prove very inviting to a considerable number. I may find myself the victim of the next one who similarly has an axe to grind, be that one who she may, be she, even, the editor herself.

Under the circumstances, then, I, for one, though a constant sub-

scribed to the *Canadian Magazine* during the last twelve or fourteen years, will no longer be a party to its support; my final subscription to the magazine under present control having already been received.

Yours respectfully,

ANNIE A. KENNEDY.

779 Bute Street, Vancouver, B. C.
April 25th, 1921.

The Canadian Nurses' Association and Register for Graduate Nurses, Montreal

It is with great regret that the association has received the resignation of its much-loved registrar, Mrs. Burch, who for the last twenty-six years, day and night, has so faithfully served the medical and nursing professions, and the public generally, both in town and country.

Last November, when Mrs. Burch was taken to the Western Hospital suffering from a fractured femur, it was hoped that, after a few months' treatment and rest, she would be able to take up her work again, and at the beginning of the year she was given three months' leave on full salary, but her physicians have decided otherwise, and it is no easy task that now lies before the committee to appoint a successor to one who, not a nurse herself, has so thoroughly understood the trials and difficulties of both patient and nurse, and has so wisely fulfilled the duties of the office for so many years. Though not engaged in active work with the nurses, we feel sure that Mrs. Burch will always be interested in the association for which she has done so much, and among whose members she can claim some of her warmest friends.

Miss Gertrude Kelly has returned from Saranac Lake, where she has been nursing since December.

The Misses M. R. and E. M. McLean, Miss McNish and Miss H. M. Ellis have left Montreal to try their hands at farming in the Spirit River District, Northern Alberta, where they have been granted a section of land under the Soldiers' Settlement Act for their services overseas.

News from The Medical World

By Elizabeth Robinson Scovil.

Fat in the Diet

It was stated in some of the studies of food during the war that in normal times an American ate on an average 3½ ounces of fat a day; an Englishman, 3⅛; a German, 2 1/3; and a Frenchman, 1½. The Inter-Allied Scientific Food Commission agreed to recommend 2⅝ ounces as the desirable minimum. Almost all recipes for cooking require fat, and its absence alters the taste of food and makes it less palatable. Otherwise, it has been found by Osborne and Mendal, two celebrated experimenters, that satisfactory growth in animals can be maintained from an early age to full adult size on a diet low in true fat. Vitamins A and B, which seem indispensible to growth, being supplied by small portions of alfalfa and yeast. They concluded that the minimum necessary amount of fat must be extremely small. Its place must be supplied by fresh fruits and vegetables eaten daily.

Disinfecting Shaving Brushes

The peril from anthrax, conveyed by shaving brushes made from infected bristles, has caused the University of Health, in England, to issue directions for disinfecting them. The brush should be thoroughly washed in soap and water, containing a little washing soda, and allowed to stand for half an hour in warm water with a little soda dissolved in it. It is then placed in a warm solution of formaldehyde, one part of 40 per cent. solution to 16 parts of water, for half an hour. This frees the exposed hairs from infection, but the germs may still lurk where the handle covers hairs. The Japanese Government has ordered all bristles used in the manufacture of brushes to be disinfected before being made up.

Pulmonary Tuberculosis

A French physician thinks that pulmonary tuberculosis is more serious when it occurs in a person who up to this time has been healthy and has not been exposed repeatedly to infection. Children of the tuberculosis parent who have contracted the disease have a better chance, as they are to a certain extent immune. When there are healed lesions the prognosis is rather favorable.

Obstetrical Examinations

In a paper on obstetrical mistakes, it is stated that internal examinations made by a nurse in order to delay calling the doctor as long as possible are a grave menace and must not be tolerated. Internal

examinations are extremely unfortunate necessities, and their number must be kept down as much as possible.

The Food of Children

It is stated by competent observers that during the period of growth children require larger quantities of food than is usually supposed. In adolescence this may exceed by 1,000 calories the requirements of the average man or woman who is only moderately active. The need for supplies for growth and the incessant activity of children explains this. Children should have a liberal diet and not be stinted in the amount of food taken. They usually receive too little, rather than too much.

Fumigation

The *Journal of the American Medical Association* says on this point: "The efficiency of formaldehyde room disinfection in actually preventing the spread of infection has been seriously questioned in recent years. There is ground for believing that the share of inanimate objects in spreading disease is not as great as at one time supposed. The available evidence indicates that pathogenic bacteria discharged from the body die off rather quickly under the influence of drying, oxygen and sunlight. The slight impetus given to the destructive process through the use of gaseous disinfectants does not appear to be practically of high value. At all events the virtual abandonment of routine gaseous disinfection in a number of cities has not been followed by any measurable increase of communicable disease." It seems as if the main dependence must be upon thorough cleansing with soap and water and exposure to fresh air and direct sunlight.

Women Increasing in Size

From a study of 4,023 women who entered the Leland Stanford Junior University, in California, during the last thirty years, it was found that the average height of women has increased from 1 to 1.1 inches. The average weight also has increased.

Vaccination Against Typhoid

It has been noticed in France that the vast majority of cases of typhoid occur in women, the men having received preventive inoculation during the war. The advisability of vaccinating the entire civilian population has been discussed. This, if done at the age of 15, 18 and 21, would afford protection, and, with the progress of better hygiene, typhoid would be eradicated.

Whooping-Cough from a Nurse

Two cases are recorded in which new-born infants contracted whooping-cough from a nurse who was in the early stages of the disease. Its true nature was, of course, unsuspected.

Public Health Nursing Department

Address public health news items from each province to the following representatives:

Nova Scotia
Miss Margaret McKenzie,
Department of Public Health,
Halifax.

New Brunswick
Miss Sarah Brophy,
74 Carmarthen Street,
St. John, N.B.

Quebec
Miss Sarah Fraser,
110 Crescent Street,
Montreal.

Ontario
Miss Muriel McKay,
Industrial Nurse,
Ontario Hydro Commission,
University Ave., Toronto.

Manitoba
Miss Elizabeth Jeffers,
Suite 11A Justin Avenue,
Fleet and Doley Streets,
Winnipeg.

Saskatchewan
Miss Edna Morgan,
Normal School,
Regina.

Alberta
Miss Genevieve deTurbeville,
Prov. Public Health Dept.,
Edmonton.

British Columbia
Miss M. A. McLellan,
1883 Third Avenue, West.
Vancouver.

MISS ELIZABETH BREEZE, R.N.
Chairman of Section
125 Vancouver Block, Vancouver, B. C.

The work of the Massachusetts-Halifax Health Commission has been so well received in the town of Dartmouth that the Town Council, acting as a Board of Health, have appointed the chief nurse in the Health Centre in Dartmouth to the position of sanitary inspector. On the 31st of March the following letter was received by Miss Mary D. Patterson:—

"Dear Madam:

"I am directed to notify you that you have been appointed to the office of Sanitary Inspector in the Town of Dartmouth. You will please attend at the Town Hall to be sworn into office.

"Yours truly,

"(Sgd.) ALFRED ELLIOTT,
"Town Clerk."

It is a great assistance to any public health nurse to be an official sanitary inspector for the Board of Health in the district in which she works. It enables the nurse to correct any insanitary evils with certainty and dispatch in the vicinity of the place of residence of the families she is instructing.

Miss Patterson had three years of practical public health experience in Calgary, and later a year in the Kentville Tuberculosis Sanitarium. Her home is in Tatamagouche, Nova Scotia.

VANCOUVER.

The University of British Columbia has announced the result of the final examinations in the Red Cross course of Public Health Nursing, as follows, in order of merit: First-class Honors, Miss M. Harmon, Miss H. G. Munslow, Miss L. Usher, Miss L. E. Buckley. Second-class Honors, Miss C. W. Thom, Miss W. G. MacKenzie, Miss H. B. McKay, Miss J. Peters, Miss J. Hardy, Miss M. Griffin, Miss F. M. Whitaker, Miss G. Frazee, Miss E. McLaren, Miss H. A. Lewis, Miss Hamlin, Miss C. Hughes, Miss D. H. Hornby.

Prize Winners, (1) B. C. Branch of the Canadian Red Cross prize of $100.00, Miss M. Harman; (2) Provincial Board of Health prize of $60.00, Miss H. G. Munslow; (3) Provincial Board of Health prize of $40.00, Miss L. Usher.

The American National Health Council has completed plans for a co-operative renting agency whereby a number of national health agencies have secured adjoining quarters on the 15th and 16th floors of the Penn Terminal Building, 370 Seventh Avenue, New York.

On the 15th floor are the National Organization for Public Health Nursing, with the A. N. A. and the League for Nursing Education, the National Tuberculosis Association, Social Hygiene Association, and National Committee for Mental Hygiene. This may interest some of the Canadian nurses visiting New York and wishing to get into touch with the National organizations.

Recipe for Making a Good Nurse.

Mix together equal parts of pluck, good health and well-balanced sympathy; stiffen with energy and soften with the milk of human kindness. Use a first-class training school as a mixer. Add the sweetness of a smile, a little ginger and generous amounts of tact, humor and unselfishness, with plenty of patience. Pour into the mould of womanhood time with enthusiasm, finish with a cap, and garnish with ambition. The sauce of experience is always an improvement to this recipe, which, if followed closely, should be very successful and exceedingly popular.

"A thousand voices go
To North, South, East, and West;
They leave the heights and are troubled,
And moan and sink to their rest.

Department of Nursing Education

Conducted by the Canadian Association of Nursing Education

Outline of Course for Pupil Dietitian

As given in the General Protestant Hospital, Ottawa, Ont.

The course of study for a pupil dietitian is of four months' duration, and includes practical training as follows:

(1) Locations, observations.
(2) Ordering, receiving, storing and giving out of supplies.
(3) General serving of food.
(4) Supervision of dining-rooms, linen, cutlery, dishes.
(5) Supervision of serving kitchens, linen, cutlery, dishes; also inspection of trays, refrigerators, sinks.
(6) Daily menus.
(7) Stock-taking.
(8) Book-keeping.
(9) Method in engaging help.
(10) Teaching.

The work may be divided as follows:

First Month

1. First Week—Locations and observations and general idea of work.

2. Second Week—Responsible for cleaning of storerooms, bread cupboards and refrigerators.

3. Third Week—Responsible for dining-rooms. This includes instructing maids, inspection of tables, linen, cutlery, cupboards and weekly dish-count; also weekly supplies of dishes to all kitchens.

Second Month

4. Planning of menus with special attention to utilizing left-overs. Instructing cooks as to amounts, recipes, etc. Sending up all meals and extra supplies to floor kitchens. Supervision of food truck each time it is sent out. This work would extend over the second month.

Third Month

5. Inspection of trays and supervision of diet kitchens generally. Ordering and receiving of supplies.

FOURTH MONTH

6. Stock-taking and book-keeping for third month.

7. Teaching classes to be arranged whenever convenient throughout the entire course.

Tentative Programme for Convention May 30th to June 1st.

Morning Session, Monday, May 30th, 10 a.m.

Executive Meeting and Registration of Nurses.

Afternoon Session, Monday, May 30th, 2 p.m. prompt.

Reading of Minutes of last year's Annual Meeting.
President's Address.
Report of Secretary.
Report of Treasurer.
Correspondence.
Reports of Standing Committees.
Reports of Special Committees.
Discussion.
Business arising from Reports, etc.

"Is There a Shortage of Nurses?"
Mrs. Plumptre, National Secretary of Canadian Red Cross Society, and Convener of Publicity Committee of the Canadian Red Cross Society.

"Teaching of Venereal Diseases to the Nurses-in-training."
Miss F. E. Brown, Supervisor of Venereal Disease Nursing, Public Health Department, Toronto, Ontario.

Morning Session, Tuesday, May 31st, 9.30 a.m.

"A Survey of the Courses of Instruction and Training for Nurses Now Given in Our Canadian Universities."
Miss Kathleen Russell, University of Toronto.

Short papers from each Province that has Registration, discussing Educational Advantages secured through Registration, proposed Amendments to Acts, weak points, etc.

Afternoon Session, Tuesday, May 31st, 2 p.m.

"The Trained Attendant in Training."
Miss M. F. Gray, Superintendent of Nursing Housekeepers in Saskatchewan.

Round Table

1. "Suggested Text Books for Canadian Training Schools for Nurses as a Step Towards Uniformity of Training."
Miss Mary Catton, Superintendent of Nurses, Protestant General Hospital, Ottawa, Ont.

2. "Re-arrangement of Third Year with a View of Granting Student Nurses the Privilege of Electing Special Subjects."
   Miss McNeel, Children's Hospital, Winnipeg, Man.
3. "Disciplining of Student Nurses for Infraction of Rules."
   Miss H. Hersey, Royal Victoria Hospital, Montreal, Quebec.
4. "Nursing Ethics."
   Miss Eleanor McPhedran, Central Alberta Sanitarium, Calgary, Alta.

Evening Session, May 31st, 8 p.m.

June 1st, Joint Session with the Canadian National Association of Trained Nurses.

Morning Session, Wednesday, June 1st, 9.30 a.m.

Exhibits: Those of special value in teaching new methods, etc. Superintendents of Training Schools are requested to contribute to this Exhibit, and, if unable to have someone present to demonstrate or explain exhibit, to send written explanation.

"Hospital Administration as it Affects Our Training School."
Major Haywood, Superintendent General Hospital, Montreal, Quebec.

"Survey of Dietetic Course in Our Large Hospitals, with Practical Suggestions for Small Schools."
Miss Estelle Kribs, Dietitian, County Carleton General Protestant Hospital, Ottawa, Ont.

The Question Box

Members are asked to hand in question relative to Training School, or Teaching Methods, and, if time will permit, they will be discussed here.

Unfinished business.

Election of Officers.

Others' follies teach us not,
Nor much their wisdom teaches;
And most, of sterling worth, is what
Our own experience preaches.

Will Waterproof's Lyrical Monologue.

Make knowledge circle with the winds;
But let her herald, Reverence, fly
Before her to whatever sky
Bears seed of men and growth of minds.

"Love Thou Thy Land."

The World's Pulse

By Elizabeth Robinson Scovil.

An Artificial Rubber

The invention of an artificial substance possessing all the qualities of rubber, at one-twentieth of the cost, is reported from Spain. The inventor is an Italian, Washington Rossi, a chemist in the Barcelona laboratories.

The Canadian Nursing Unit in Roumania

Miss Dorothy Cotton, the head of the Canadian Nursing Mission to Roumania, reports that the nurses were to work for two months in the Coltgea Hospital, in Bucharest, under three of the leading doctors in Roumania, who all have clever young assistants. The hospitals are good, but the nurses in the wards are in great need of training. Queen Marie is much interested in the work, and writes that she is greatly pleased with the mission. The nurses live in the Nurses' Home, and the Queen sends a motor to take them to and from the hospital. Miss Cotton has been taken by the King's doctor to visit all the hospitals, fourteen in number. Plans are being arranged for more work. Queen Marie has personally attended two meetings and given every assistance in her power.

A New Wireless Invention

Marconi has announced a new wireless invention by which ships may be guided during a dense fog. It is based on a principle by which electric waves may be directed in any definite direction, like flashes from a lighthouse. These waves would take the place of lights in thick weather, and prevent collisions.

The Safety of Children

It is stated that there is a marked decrease in the number of accidents happening to the children of Detroit since instruction in accident prevention has been given in the public schools. In a year nearly eleven hundred children were injured; after instruction this was reduced to five hundred and eighty-nine in 1920. It was found that the younger children required to be taught care in crossing the streets, and boys in the prevention of bicycle accidents. Instruction also was given in home safety, preventing accidents from fire, scalding, and the careless use of firearms.

Arts and Crafts Talents

An exhibition has been held in Montreal of work done by the

mothers of children who attend one of the public schools. The women are all Russian Jews or Polish women. A unique feature was that almost every article was in daily use in the home. Teacloths and table napkins showed the favorite national stitches. The Russian border in beautiful drawn work, the Prutik and the Myreschka cross-stitch in red and blue and the exquisite wrapped work, which is drawn in red and white, the square mesh being wrapped afterward with red. Much of the linen is woven by hand. Some of the articles had quaint mottoes in Russian: "When the kitten is happy, the cat is happy"; "The birds sing too early in the morning." One table napkin, woven and worked by a young girl, perhaps for a hope chest, said, "I don't know whom it is for, but my heart says it is for my sweetheart." There were beautifully embroidered Russian costumes and a striking panel embroidered in bright colors on black homespun. The women were told that a ready market could be found for their work through the Canadian Handicrafts Guild.

Strontium

A new mineral product from a mine, said to be the only one of its kind in Canada, is being used in the manufacture of rubber tires. It is called strontium. The rock is ground in a mill, and the resulting product is as fine and white as flour. It is named from Stormia, a town in Argyleshire, Scotland, where a similar mineral was first discovered. There is a mine in Missouri, where limited quantities of an inferior product are found, which is used in the process of extracting sugar from molasses.

Preventing Tuberculosis

Dr. Nathan Raw, who was a delegate to the Sixth International Congress on Tuberculosis in Washington in 1908, and is also a member of the International Committee for the Prevention of Tuberculosis, has announced to the Royal Society of Medicine, London, that he believes he has found a means to prevent tuberculosis by inoculation. He is a member of Parliament, won a D.S.O. in the war, and has written much on tuberculosis. His standing in the medical profession is said to be high.

A Woman as Cabinet Minister

Mrs. Ralph Smith, senior member for Vancouver City in the British Columbia Legislature, has entered Premier Oliver's Cabinet. She holds the office of President of the Council, without portfolio. She declined the Speakership of the Legislature before the opening of the session.

Manna Gathered in Palestine

O. L. Heiser, American consul at Jerusalem, states in an official report that manna is found in the regions of Upper Mesopotamia and Kurdistan and on the Persian frontier. It falls in the autumn, in the

form of dew, and lodges on the oak trees. It soon hardens and looks like grain. It is gathered by shaking the trees, under which sheets are spread to receive it. Unlike the manna that fell for the Israelites, it can be kept indefinitely. It is stored for use in winter or shipped to Bagdad, to be sold in the bazaars.

C. A. M. C. Nursing Service Department.

In May, 1920, at a meeting held for the purpose, there was formed at Edmonton, Alberta, a club for Overseas Nursing Sisters resident in that city or locality. With twenty Nursing Sisters in attendance, the following officers were elected: President, Nursing Sister H. B. Acton; Vice-President, Nursing Sister M. Lavell; Secretary, Nursing Sister J. Chinneck.

The object of the Club is stated to be purely social. On the other hand the fact that at one meeting the sum of one hundred dollars was voted to the Soldiers' Relief Fund shows quite plainly that the higher ideals dominate. The Club has met at the home of various members, and in this way delightful evenings have been spent. On March 8th a highly enjoyable and successful dance was given in the Palm Room of the Macdonald Hotel. The membership of the club at present numbers forty-four. Any nurse, in good standing, who has served Overseas—not necessarily in the C. A. M. C.—is eligible to become a member. The present President is Mrs. Turner, nee Nursing Sister A. M. Blackwell, and the Corresponding Secretary, Nursing Sister M. G. Gould.

It is notified that the subscription list for The United Nursing Services Club, Ltd., London, England, will close on or before July 1st, 1921.

This Club is capitalized at £30,000, divided into 15,000 shares of £2 each. The entrance fee for original members is fixed at £1 1s. 0d., and this fee shall not be payable by members taking more than one share in the Company. The annual subscription is as follows: Town members £2 2s. 0d.; Country members, £1 1s. 0d.; Overseas members, 10s 6d.

The Company has already received 1,241 applications for membership in the Club. The house and premises at No. 34 Cavendish Square, London, W., have been acquired, and it is anticipated the doors will shortly open. Canadian Nurses in good standing, and who served with a Military Organization, are eligible for membership.

A comparatively recent issue of "Toronto Saturday Night" contained a charming sketch and photographs of Matron K. Conway-Jones, M.R.R.C. (Q.A.I.M.N.S.R.), Nursing Sister Julia Hamilton, A.R.R.C., C.A.M.C., and their joint bungalow and farm at Lulu Island, British Columbia. Army uniform has been doffed and the intriguing but less feminine costume of the land girl donned. Miss Conway-Jones served for a time as Matron of H.M.H.S., Oxfordshire, and has many friends in the C.A.M.C. who wish the Lulu Island farm every prosperity.

Nursing Sister E. G. Miller has gone back to her former position as night superintendent at the Royal Alexandra Hospital, Edmonton.

Nursing Sister Jean McNee is attached to the Pathological Department of the Royal Alexandra Hospital.

Nursing Sisters J. Chinneck and E. M. MacRae are in the Public School Department of Health, Edmonton.

Nursing Sister H. B. Acton is with the Department of Agriculture, Alberta.

Matron J. McG. Macdonald, M.R.R.C., has left Calgary for Seattle. She writes enthusiastically of the pleasures experienced in renewing overseas friendships en route.

At St. Matthew's Church, Ottawa, April 14th, there was solemnized the marriage of Matron Florence Grand to Major David Hamilton Burn. A reception and dejeuner followed at the home of the bride's mother. Amongst the guests were several Nursing Sisters. It was hoped that to one of these should have fallen the bride's bouquet, which was tossed in traditional manner, prior to departure from the house. The guests accompanied the bridal party to the railway station, where much merriment and confetti prevailed. Major and Mrs. Burn will reside at Coburg, Ontario.

On April 14th, 1921, at St. Mark's Church, Victoria, B. C., the marriage of Miriam, second daughter of Mr. C. W. Hitchcox, Cordova Bay, B. C., to Archibald Murdoch, youngest son of the late William Bowman, Glasgow, Scotland, was solemnized. The ceremony was performed by the Rev. H. V. Hitchcox, brother of the bride. Nursing Sister Hitchcox served Overseas three-and-a-half years with the C. A. M. C.

It is noted that among the important topics to be discussed at the Annual Convention of the Canadian Association of Trained Nurses (Quebec City, June 1st to 5th), is that of "Canadian Nurses' Memorial for Nursing Sisters." The interest of the subject, to them more particularly, should assure the presence of fair representation from the Canadian Army Medical Corps, permanent and non-permanent Army Nursing Service. The question as to the most suitable form of Memorial (chain of Nursing, Scholarship, Endowment Fund or Rest Homes, etc.) is an intimate and pressing one. Suggestions in writing from Nursing Sisters unable to attend will be welcomed.

Hospitals and Nurses

QUEBEC.

Quebec.

The April meeting of the J.H.H.A.A. was held on the 4th, in the Nurses' Sitting Room. The principal business related to the coming convention of the C.N.A.T.N. and C.A.N.E. from May 30th to June 4th. Miss Jamieson (1917) was appointed delegate from J.H.H.

We are glad to note that Miss D. F. Ford and Miss Matthews are on the convalescent list.

Sherbrooke.

The G.N.A. of the Province of Quebec met in Sherbrooke March 15th. The meetings were held in the Art Hall, with a good attendance. Miss Helen Hetherington, President of the Eastern Townships G.N.A., presided at the meetings. The delegates visited the Sherbrooke Protestant Hospital, and in the evening were the guests at a banquet given at the New Sherbrooke Hotel. Drs. Lynch, Gordon, Hume and Bayne were also present. All report a most interesting and delightful time.

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ONTARIO.

Kingston.—A tea was given April 14th by the A. A. of the K.G.H. to Misses Gill and Murdock, who left recently to take positions in the Philadelphia Hospital for Contagious Diseases. They will be much missed.

Toronto.

Miss Matheson, superintendent of nurses, Riverside Hospital, was hostess at a delightful afternoon tea at the Nurses' Club House in honor of Nursing Sister Margaret Norwich, graduate of the Riverdale Hospital, Toronto, lately of the American Red Cross, who has been doing social reconstruction work in Serbia and Ruthenia since 1918. Mrs. Wilkinson (formerly Miss Pearce, class-mate of Miss Norwich) presided at the tea table, which was beautifully decorated with spring flowers. Many friends of Miss Norwich were present and a most enjoyable afternoon was spent.

London.

Dr. F. W. Luney was the speaker at the last meeting of St. Joseph's Hospital, A.A., giving a most instructive address on "Bacteriology," illustrated with demonstration and specimens. During the business session,

a report was given by Miss MacDonald on the recent convention of the G.N.A.O.

The alumnae is preparing for a banquet to be given the graduating class, and a special meeting to introduce members of the graduating class to the members of the A.A. Each member of the Alumnae Association, about 100 in all, has promised $5.00 to the children's hospital, which will make a helpful contribution to its funds.

This city was well represented at the 18th Convention of the G.N.A.O. held in Hamilton. Nine nurses, including five members of the Victoria Hospital A.A., attended all sessions.

A reception tendered by the Victoria Hospital Trust and Victoria Hospital A.A. to Miss Elizabeth Ross, recently appointed Superintendent of Nurses, Victoria Hospital, was held April 5th, and was attended by several hundred representative citizens. Miss Ross was assisted in receiving the guests by Miss D. Hutchison, President of the A. A. Mrs. E. S. Little and Mrs. Cleghorn presided at the tea-table, which was beautifully decorated with flowers, carrying out the school colors of "Purple and Gold."

Hamilton.

Miss Carrie Lanaway has accepted a position with Miss Kate Madden, Supt. Brooklyn General Hospital, Brooklyn, N.Y.

The graduating exercises of the Hamilton General Hospital were held in the Assembly Hall of the Collegiate Institute, April 22nd, and was pronounced by all most enjoyable. There were 31 graduates. The Emma Pratt Scholarship ($100.00) for Theory, was won by Miss McNally. The Mary McLaren House prize ($50.00) for Practical Work was won by Miss Ivy Buscomb. Miss McNally also won a scholarship for McGill University, and the two Public Health Scholarships (Toronto University) were given to Misses Hobden and Jean Soutar. Two of these scholarships are given by the Hospital Board and one by Mr. Gordon Henderson, a member of the Hospital Board of Governors. Miss Shaw, who came a close second, was given Honorable mention. After the exercises a most enjoyable dance was held.

Miss Lucy Watson recently paid a short visit to Hamilton, after a long absence.

The Misses Pierce and Wilkinson attended the G.N.A.O. Convention from St. Thomas, where they are doing private duty nursing.

Kitchener.

A large delegation of our nurses attended the meeting of the G.N.A.O. and returned with a keen appreciation of the hospitality of the Hamilton nurse and the various people who entertained them so completely.

The Alumnae of the Kitchener and Waterloo Hospital held a most successful dance in aid of the Freeport Sanitarium.

The beautiful new residence for the nurses which was built by the late Jacob Kaufman, of Kitchener, and furnished by Mrs. Kaufman in his memory, was formally opened on April 1st, 1921.

The Alumnae recently donated two clocks for the operating rooms of the hospital.

Collingwood.

The following nurses received their diplomas at the recent graduation exercises of the General & Marine Hospital, Collingwood: Misses Jessie Robb, Elizabeth Foster and Miss Euphemia Smith. An excellent musical programme was enjoyed, and speeches were made by the Chairman of the Hospital Board, Mr. D. Williams, Mayor Holden, Dr. G. M. Aylsworth, and others. Flowers were presented to the graduates from the Board of Managers, the medical staff and other friends. After the distribution of diplomas and pins, refreshments were served and a delightful social hour followed.

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MANITOBA.

St. Boniface.

The unveiling of a memorial tablet erected in honor of Nursing Sister Agnes McPherson, who was killed on duty at Doullens, France, May, 1918, took place in the Nurses' Study Hall, April 13th, 1921. The tablet was unveiled by Miss A. C. Starr, President of the Alumnae, and addresses were given by Dr. James McKenty and Dr. J. P. Howden, followed by a musical programme. About 200 guests were present, including the Rev. Sister Superior, sisters, nurses and hospital associates of Miss McPherson.

Mrs. James Prendergast entertained at tea on Wednesday, April 27th, in honor of Miss Eleanor Manion, who, with Miss Adelle Ross, is leaving for St. Mary's Hospital, Rochester, Minn.

Miss Willena Tracy has returned to Winnipeg much improved in health after her long illness.

Miss Jean Watson, of St. Boniface Hospital Staff, has just returned to duty, after an extended trip east.

THE MANITOBA ASSOCIATION OF GRADUATE NURSES.

At the last meeting of the Manitoba Association of Graduate Nurses the enclosed resolution was passed, with the recommendation that it be published in the next number of the Canadian Nurse.

Sincerely yours,

ELIZABETH RUSSELL,

Corresponding Secretary.

Referring to the "Letter to the Editor," appearing in the April issue

of the Canadian Nurse:

"Whereas the Canadian Nurse is the official organ of the National Association of Graduate Nurses of Canada;

"And Whereas, the Manitoba Association of Graduate Nurses is a branch of the National Association;

"Be It Resolved that we go on record as strongly disapproving of the use of the columns of the magazine for the insertion of such a communication, savoring, as it does, of an antagonism which seems purely personal."

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SASKATCHEWAN.

Moose Jaw.

The Fourth Annual Convention of the Moose Jaw Graduate Nurses' Association was held on March 2nd in the Club Room of the Y.W.C.A.

The election of officers resulted as follows: President, Mrs. W. F. Ironside; First Vice-President, Miss E. Renton; Second Vice-President, Mrs. G. H. Lydiard; Secretary-Treasurer, Miss P. Gladys Jordison. The Conveners of the Standing Committees were appointed as follows: Educational, Miss Mary Wilson; Social Service, Mrs. J. D. Sifton; Social, Mrs. J. F. Droppo; Constitution and By-laws, Miss Coleman; Press, Mrs. H. D. Hedley.

The Educational Committee has already planned a most interesting and instructive series of lectures to cover the meetings throughout the year, and the Press Committee hereby reports itself as "Active."

Saskatoon and District.

The very greatest regret has been expressed by all the Nurses, as well as the many other friends of Miss Granger Campbell, on learning of her resignation from the position of Superintendent of Nurses in the City Hospital, Saskatoon. Miss Campbell, who is a graduate of the Montreal General, '14, came to Saskatoon in 1916 to take charge of the Training School, which position she has most ably filled. In spite of her busy hospital life, Miss Campbell has always given freely of her time and energy to help promote the best interests of the nursing profession in the Province. As well as being one of the first nurses to register, Miss Campbell has also served continuously upon the Nurses' Council. She will be very much missed, and our best wishes follow her in her future activities.

Miss Belle MacRae (P.G., New York, '03), who has for the past three years been engaged in institutional work in Los Angeles, has recently returned to Saskatchewan with her invalid mother, and they are at present the guests of her sister, Mrs. Mutchinor, of Wilkie.

Miss Ruby Simpson (W.G.H., '19), who has for the past eight months most efficiently filled the position of Instructor of Hygiene at

the Saskatoon Normal School, returns on May 1st to Swift Current to resume her work in the rural schools. At the recent Convention of the Saskatchewan teachers, held in Regina, a most excellent paper was presented by Miss Simpson on "Play and Its Relation to Hygiene."

Miss Grace Prescott (R.V.H., '19), has been with the Provincial Staff of School Hygiene since November last. Her headquarters are in Battleford, but she is a frequent visitor in Saskatoon.

Mrs. F. W. Shaw, of Macklin (nee Dorothy Vance, R.G.H., '11), has recently joined the Provincial Normal School Hygiene staff, and expects to be located for the summer months in the Kerrobert District.

Miss Edith Macey (W.G.H., '09), who was among the Saskatchewan nurses who served overseas with the C.A.M.C., has recently returned to Saskatchewan, and has taken charge of the Eston Union Hospital.

Miss Robina Caldwell (W.G.H., '20), who has been the guest of her sister, Mrs. Gebbie, of Saskatoon, has decided to remain in Saskatoon and take up private nursing.

Mrs. Wm. MacIntosh, the popular "Tat" MacDonald of No. 3 General Hospital, has been residing in Saskatoon since the New Year. Her small daughter, Betty, aged six months, is a joy to all beholders.

Miss M. Buchanan (T.G.H., '14) has been on the staff of the Kindersley Municipal Hospital since last September. This is Miss Buchanan's first trip west, but she is enjoying the Prairie Province, and has adapted herself admirably to western conditions.

Regina and District.

Letters just received from Mrs. J. W. Sawyer (nee Rebecca Agar, W.G.H., '10), of Deep Creek Box, Grand Prairie, Alberta, announce the arrival of a little daughter, Ena, in November last.

Mrs. W. A. Thomas, of Saskatoon, who has for a short time been relieving on the staff of the hospital at Unity, was a visitor in Regina this month.

Miss E. Love (W.G.H., '15), of the staff of the Fort Qu'Appelle Sanitarium, spent her vacation in April on a visit to Mrs. Levis (nee Hanna Blau, W.G.H., '15) in Allan. Miss Love was much surprised to find that a young son had just arrived at the home of Mr. and Mrs. Levis, to greet her on her visit.

Weyburn.

The graduation exercises of the Weyburn General Hospital Training School for Nurses were held on March 28th, 1921, when Miss Leah Finkbeiner and Miss Dora Maynard, the two graduates, were presented with their diplomas and medals. The exercises took place in the Nurses' Reception Room in connection with the Hospital, Mr. M. A. Miller, President of the Hospital Board, presenting the graduates with their diplomas, while Miss Ruth Hicks, superintendent of the Hospital, presented the

medals. The Florence Nightingale pledge was given by Rev. J. C. Wilson.

During the evening the Graduating Class was addressed by Messrs. M. A. Miller, T.M. Marshall, editor of the Weyburn Review, and Mayor Mergens. A most interesting musical programme preceded the presentation of diplomas and medals, after which luncheon was served to all present.

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BRITISH COLUMBIA.

KAMLOOPS

The following nurses formed the graduating class of the Royal Inland Hospital, whose exercises took place April 20th, 1921: Misses Beatrice Leverington, Grace Robertson, Jean Lockie, Myrtle Hawthorne, and Susan Livingstone. Addresses were given by the Chairman of the Hospital Board, J. T. Robinson, Mayor Burton and Joseph Harwood, of Vernon. The Class was addressed by Dr. Irving, and the diplomas and pins were presented by Mrs. R. A. Thompson, President of the Ladies' Aid, and Miss Macmillan, Superintendent of the hospital.

The following have been appointed by the Lieutenant-Governor-in-Council to act as examiners under the Registered Nurses' Act of the Province: Dr. Wasson, Victoria; Dr. W. B. Burnett, Vancouver; Miss Jessie Mackenzie, Victoria; Miss Lucy Pringle, Nanaimo; Miss Kate Stott, New Westminster, and Miss Mary Campbell, Vancouver. Examinations will take place May 25th and 26th, 1921.

NELSON

At a meeting held on March 3rd, to form the Nelson Graduate Nurses' Association, the following were elected officers for the ensuing year: President, Mrs. D. Hartin; 1st Vice-President, Miss A. MacArthur; 2nd Vice-President, Miss A. Cant; Hon. President, Miss Creash; Secretary-Treasurer, Miss C. LaRose. The meetings are held at the Kootenay Lake General Hospital, Nelson, the second Monday of the month. Dr. Anne Smith, a returned missionary from India, addressed the nurses at the April meeting. A great deal of interest is being taken in the Association and a large membership is assured.

VANCOUVER

The Vancouver Graduate Nurses' Association held their fifth annual dance on Friday, April 22nd, at Lester Court. About 400 invitations were issued and nearly that number attended. Yellow daffodils were used in great profusion throughout the rooms and, with the many pretty gowns, made a most pleasing picture. Supper was served in the banquet hall at 11:00 p.m., and Garden's six-piece orchestra provided most excellent music for the dancers. Many doctors and their wives were among the guests. Patronesses for the occasion were Mrs. W. C. Nichol, Mrs.

H. R. Gale, Mrs. M. T. MacEachern, Mrs. B. D. Gillies, Mrs. E. D. Carder, Mrs. A. D. MacRae and Dr. Margaret Hogg. A great deal of credit is due the committee of nurses for the success of this social function.

The Vancouver Graduate Nurses' Association held their regular monthly meeting Wednesday, May 4th, when Miss Mary Ard McKenzie gave an address on Public Health Work.

BIRTHS.

Elliot—On April 10th, 1921, at 152 Guy Avenue, to Mr. and Mrs. Lindsay W. Elliot, a daughter. Mrs. Elliot was a graduate of Sherbrooke Hospital.

Ross—In Saskatoon, to Mr. and Mrs. W. A. Ross (nee Bessie Tuck), a daughter, Margaret Elizabeth, on April 7th, 1921.

Levis—In Allan, to Mr. and Mrs. Levis (nee Hanna Blau, W.G.H., '15), in March, a son.

Muffett—To Mr. and Mrs. Harry Muffett (Miss Goodridge, W.H.G., '13), on October 29, at Montreal, a son.

Randal—To Mr. and Mrs. Philip Randal (Ivy Griffiths, W.G.H., '15), on February 20th, at Winnipeg, a daughter.

Harrington—To Dr. and Mrs. Harrington (nee Laidlaw, W.G.H., '07), at Dauphin, Man., a son, January 7th.

Graham—To Dr. and Mrs. Graham (nee Bloy, W.G.H., '15), at Toronto, a daughter, in November.

Moir—To Mr. and Mrs. J. H. Moir (nee Williams, W.G.H., '10), at Winnipeg, a son, John Bruce, on January 28th.

Morley—To Dr. and Mrs. Morley (nee Ethel Stewart, W.G.H., '15), a son, at Vancouver in October.

Stewart—To Mr. and Mrs. James Stewart (nee K. Romey, W.G.H., '11), a daughter, Shirley Kathleen, on December 24th, 1920.

Kerragher—To Mr. and Mrs. M. C. Kerragher (May Kennedy, W.G.H., '13), a daughter, in Winnipeg, in December.

Coulter—At Winnipeg, April, 1921, to Mr. and Mrs. F. Coulter (Jessie Campbell, St. Boniface Hospital), a son.

Paille—At Melville, Sask., April, 1921, to Dr. and Mrs. Paille (E. Gilley, St. Boniface Hospital), a son.

Brough—In Medicine Hat, April 26th, 1921, to Mr. and Mrs. J. M. Brough (Medicine Hat General Hospital), a daughter, Joy Evelyn Charles.

Anderson—At Medicine Hat, Alberta, on April 10th, 1921, the wife of Capt. John Anderson, of a daughter. Mrs. Anderson was Nursing Sister Ada Walker, graduate H.G.H., 1910.

MARRIAGES.

Golden-Johnston—On April 6th, 1921, in Toronto, Ont., Margaret Johnston, R.R.G., to A. Daunt Golden, M.C. Mr. and Mrs. Golden will reside at 516 Brunswick Avenue, Toronto, Ont.

Ronaldson-Hammell—At St. Paul's Church, Beeton, Ont., on April 2nd, by the Rev. T. G. Wallace, Ada Winifred, second daughter of Mr. and Mrs. Wm. Hammell, Beeton (T.G.H., 1907), to Thomas Sherreff Ronaldson, son of the late Peter Ronaldson, C.A., Edinburgh. Mrs. Ronaldson was overseas from 1914 to 1919. Since her arrival in Canada in the latter year, she has served continuously in the Dominion Orthopedic Hospital, Toronto. Her many friends wish her all happiness.

Gibson-Wood—On April 4th, 1921, at St. Saviour's Anglican Church, Waterloo, Ont., Florence Wood (K. & W. H., 1918) to Alexander Gibson of Peterboro, Ont.

Manchester-Barclay—At Grace Church, Winnipeg, Man., March 24th, 1921, Jean N. Barclay (St. Boniface Hospital) to William I. Manchester.

Price-Barker.—At St. John's Church, North Vancouver, B. C., January 29th, 1921, Hester A. Barker (Royal Victoria Hospital, Montreal, 1918, to Llewellyn Trevor Price, of Duncan, B. C.

Roberts-Cornell—On April 20th, at St. Mathias Church, Westmount, Montreal, by the Rev. E. Bushnell, Gladys Cornell, daughter of Mr. and Mrs. J. Grant Cornell, of Grosvenor Abe, to Mr. Leslie M. Roberts. Miss Cornell is a graduate of the Western Hospital, Montreal, 1921.

Sargent-Duff—On December 27th, 1920, in San Francisco, Miss May Duff (W.G.H. '14) to Mr. Robt. Sargent. Mr. and Mrs. Sargent left in February for South America.

DEATHS.

Nichol—In Vancouver, Mrs. Nichol (Miss Markley, W.G.H., '99).

Horning—Suddenly, while on a trip to Vancouver, B. C., Miss Ada Horning, graduate Hamilton General Hospital.

Scott—Suddenly, at Grande Prairie, Alberta, Mary Brown, wife of Dr. G. E. Scott. Mrs. Scott was a graduate of the Hamilton General Hospital.

Most blameless is he, centred in the sphere
Of common duties, decent not to fail
In offices of tenderness, and pay
Meet adoration to my household gods.

Ulysses.

An Author for Doctors and Nurses

(Robert Louis Stevenson)

Our former article in the July, 1918, number of this journal was so well received, that we take the liberty of presenting our readers with another article on the same subject.

Stevenson was born in Edinborough, in 1850; he died in Samoa, in 1894. As a child, he was very delicate; consequently, his education at school was irregular and interrupted. This may have been a good thing. Between his thirteenth and seventeenth year he spent a good deal of his time in the South of England and on the Continent in search of health. These experiences, no doubt, gave him the pabulum for his "Ordered South."

As a youth, he showed the most passionate love for books and for the study at first hand of that about which the books he loved—life; and particularly that of the proletariat, among which class he found some fine character studies.

Stevenson's father intended that R. L. S. should follow in his footsteps and that of his paternal ancestors for two generations back—lighthouse builders; but this life, with its rough experiences of the Scottish seas, he could not stand; so he decided to build an intellectual and spiritual lighthouse.

"Say not of me that weakly I declined
The labors of my sires, and fled the sea,
The towers we founded and the lamps we lit,
To play at home with paper like a child.
But rather say: In the afternoon of time
A strenuous family dusted from its hand
The sand of granite, and, beholding far,
Along the sounding coast, its pyramids
And tall memorials catch the dying sun,
Smiled well content, and to his childish task
Around the fire addressed its evening hours."

Stevenson was sent to Edinborough University, where he took a very indifferent course, caring little for lectures and the routine drill of college life. However, here he found a friend, Fleming Jenkins, one of his professors. The acquisition of this friend was worth as much as a diploma, with which the reader will agree, if he but read Stevenson's biography of this worthy man. Of his course in the University Stevenson writes, "No one ever played the truant with more deliberate care, and no one ever had more certificates for less education." During this period he read omnivorously of books, but not of those on the University course. For a list of his early favorite authors, read his "Penny Plain and Two Pence, Colored."

Being repelled by the stuffy atmosphere of the lecture-rooms, which aggravated his malady, and by the dry-as-dust discourse of many of his professors, he sought the great out-of-doors, particularly the country, and the squalid and out-of-the-way parts of the city. He was fond of haunting the wharves and nearby saloons, listening to the tales of the sailors and vagrants. It may be said that one article of his creed was:

"There is so much bad in the best of us,
And so much good in the worst of us,
That it ill becomes any of us
To find fault with the rest of us."

That he made a study of this mixture of good and evil in human nature is proven by that remarkable story of his, "The Strange Case of Dr. Jeykll and Mr. Hyde."

. . . . . .

In 1871 our author began the study of law, and was admitted to the Scottish Bar in 1875. He engaged in but one case; then he abandoned law for literature, to which he gave his heart and soul.

Among his first excursions into the realm of literature were the stories of two excursions he took—the one with the donkey in the mountains, and the other in company with a friend, each in a canoe, down the Scheldt. The story, however, which brought him into strong light, written thus early, was "Will o' the Mill." He followed these efforts up with a collection of other short stories of a somewhat different type. "The New Arabian Nights," and "The Merry Men" placed him in the ranks of Edgar Allen Poe, Nathaniel Hawthorne and Bret Harte as a writer of short stories.

In 1881 appeared "Virginibus Puerisque." The third essay in this book I must commend to all young doctors and nurses contemplating. It is entitled, "Falling In Love." In 1882 the reading world turned from Howell's fine story, Silas Lapham, of the realistic school, to that romance, "Treasure Island." It is related that Gladstone devoured it in one sitting. In this same year appeared several essays on Burns, Whitman, Thoreau, Villon, Pepys, and two or three others. By this date he had established his reputation as "the head of a school and an influence in literature of pronounced import." But at this critical period, owing to his pulmonary condition, he was again ordered South—first to the South of France, later to the South of England. But his illness did not deter him from working (he believed in Ergotherapy). He labored assiduously. Even when he lay, ordered even not to speak, he would dictate stories on his fingers by means of the deaf and dumb alphabet. Outcome: "Child's Garden of Verses," which, says one enthusiastic admirer, "took the literary world by storm."

Between 1883 and 1885, in collaboration with Henley, he wrote several plays. In 1886 came "Kidnapped." In 1887 he came to America and took quarters with Dr. Trudeau at Saranac Lake. He never returned

to Europe again. A second collection of poems appeared about this time, "Underwoods." The next spring he went to California, bought a yacht in San Francisco, and set sail for the South Seas. After cruising about for three years he settled in his last home, Samoa. Here he bought an estate, built a house, and, with his wife, step-son, a few intimate relatives and thirty or forty servants, spent his remaining days.

The poor Samoans were suffering from too much government—England, Germany and France. For championing the cause of the Samoans Stevenson became the Beloved Tusitala.

On Sunday nights, with his family and servants gathered for worship, Stevenson offered up a prayer, which is often quoted. The writer of this article pinned a typed copy over his bunk in the Klondike in '98. The next morning, after breakfast, he found Stevenson's epitaph in script nailed alongside; placed there by the janitor of the building—a Scot. Here they are, for they are worth memorizing:

"We beseech Thee, Lord, to behold us with favor, folk of many families and nations gathered together in the peace of this roof, weak men and women, subsisting under the covert of Thy patience. Be patient still; suffer us yet awhile longer—with our broken purposes of good, with our idle endeavors against evil, suffer us a while longer to endure, and (if it may be) help us to do better. Bless to us our extraordinary mercies; if the day comes when these must be taken, brace us to play the man under affliction. Be with our friends; be with ourselves. Go with each of us to our rest; if any dream, be their dreams quiet; if any awake, temper to them the dark hours of watching; and when the day returns, return to us, our sun and comforter, and call us with morning faces and with morning hearts, eager to labor, eager to be happy, if happiness shall be our portion, and if the day be marked for sorrow, strong to endure it.

"We thank Thee and praise Thee; and in the words of Him to whom this day is sacred, close our oblation."

"Under the wide and starry sky,
Dig the grave and let me lie,
Glad did I live and gladly die,
And I laid me down with a will.
"This be the verse you gave for me:
Here he lies where he longed to be;
Home is the sailor home from the sea,
And the hunter from the hill."

As an illustration of Stevenson's work, style and substance, we quote the following:

From "Talk and Talkers" we get:—

"There can be no fairer ambition than to excel in talk; to be affable, gay, ready, clear and welcome; to have a fact, a thought, or an illustration, pat to every subject, and not only to cheer the flight of time among

our intimates, but bear our part in the great international congress, always sitting, where public wrongs are first declared, public errors first corrected, and the course of public opinion shaped, day by day, a little nearer to the right. No measure comes before Parliament but it has been long ago prepared by a grand jury of the talkers; no book has been written that has not been largely composed by their assistance. A good talk is not to be had for the asking . . . hour, company and circumstances must be suited . . . The genuine artist follows the stream of conversation as an angler follows the winding of the brook . . . he is rewarded by continual variety, continual pleasure, and those changing prospects of the Truth that are the best of education . . . There are few subjects . . . and more than half of them may be reduced to three; that I am I, that you are you, and that there are other people dimly understood to be not quite the same as either."

From "A Humble Remonstrance" on Art:—

"No art can successfully compete with life"; and the art that seeks to do so is condemned to perish *montibus aviis*. Life goes before us infinite in complication; attended by the most surprising meteors; appealing at once to the eye, to the ear, to the mind (the seat of wonder), to the touch so thrilling and delicate, and to the belly—so imperious when starved? It combines and employs in its manifestation the method and the material not of one art only, but of all the arts. Music is but an arbitrary trifling with a few of Life's majestic chords; painting is but a shadow of its pageantry of light and color; literature does but dimly indicate that wealth of incident, of moral obligation, of virtue, of vice, action, rapture, agony with which it teems. To "compete with life," whose sun we cannot look upon, whose passions and diseases waste and slay us—to compete with the flavor of wine, the beauty of the dawn, the scorching of fire, the bitterness of death and separation—here is, indeed, a projected escalade of heaven; here are, indeed, labors for a Hercules in a dress coat, armed with a pen and dictionary to depict the passions, armed with a tube of superior flake-white to paint the portrait of the insufferable sun. No art is true in this sense; none can "compete with life"; not even history, built, indeed, of indisputable facts robbed of their vivacity and sting; so that even when we read of the sack of a city or the fall of an empire, we are surprised, and justly commend the author's talent, if our pulse be quickened. And mark, for a list differentia, that this quickening of the pulse is, in almost every case, purely agreeable; that these phantom reproductions of experience, even at their most acute stage, convey decided pleasure; while experience itself, in the cockpit of life, can torture and slay.

"Life is monstrous, infinite, illogical, abrupt, and poignant; a work of art, in comparison, is neat, finite, self-contained, rational, flowing and emasculate. A proposition in geometry is a fair and luminous parallel for a work of art. Both are reasonable, both true to the crude fact; both inhere in nature, neither represents it."

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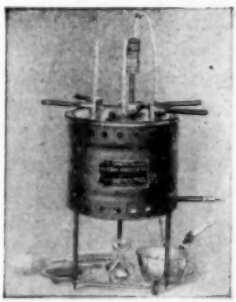

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Regular Meeting—Fourth Thursday of each alternate month at 3 p.m.

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